Banana Sour Cream Pound Cake

Moist and delicious! I like to use this pound cake as a base for other desserts like English Trifle or slice it and grill it on the BBQ brushed with olive oil.

Makes Two 1 pound loaves
Preheat oven to 325°F
Prepared two one pound loaf pans with non-stick spray.

3 cups all-purpose flour 1 teaspoon ground cinnamon 1/4 teaspoon baking soda

1 cup unsalted butter, room temperature, cut into smaller pieces

3 cups granulated sugar

6 large eggs, room temperature

1 cup sour cream

1 teaspoon pure vanilla extract

1 cup bananas, ripe and smashed

- 1. In a large bowl, whisk flour, cinnamon and soda, set aside.
- 2. In a mixer bowl fitted with the paddle attachment, on medium-high speed cream butter and sugar until light and fluffy, about 3 minutes. Add eggs, one at a time, beating between each addition. Add sour cream and vanilla. Mix until incorporated.
- 3. On low speed, gradually add flour mixture. Fold in bananas.
- 4. Place into 2 loaf pans or 1 tube pan that has been sprayed with a non-stick spray. Bake for 90 minutes or until a sharp knife inserted deep into the cake comes out clean.
- 5. Cool for 10 minutes in pan and then invert.